



The Sentinel



A Newsletter for the Owners and Residents of North Shore at Ridgely Manor

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Board of Directors' Corner

Issue 25: Mar 2025

A Message from the President

Greetings! Last December, the NSRM HOA 2 social committee dazzled us again but this time with entrance decorations for Christmas (see photo below), so my profuse thanks go to the decorations lead, Lorraine Moore, her husband, Mark Moore, Andy DiRosa, Carlos and Linda Torres, Tina Henry, Mary Kay Horoszewski and our HOA 1 members, Louis Grever, his wife Terri, and Harshad Barot. They impressed us once again!

Entrance Decorated for Christmas



Also in December at our meeting last, we planned to vote on the vacant NSRM HOA 1 Board position, but since we did not have a quorum of HOA 1 members, the Secretary position will remain vacant until we do have a quorum. and In the meantime, Pam Dargan has volunteered to support the position as an "Acting" Secretary

On another topic, how did you fare over the most recent snowstorm? For those who did not believe the news of an impending snowstorm in late February, it actually snowed up to 10 inches!!! My thanks go to neighbors who shoveled sidewalks and dug out neighbors' driveways – it was a big job and the help was much appreciated. It was also nice to see the kids playing and sledding in the snow!

You might also have noticed that the Virginia Beach trash collection was delayed last week because of the snowstorm. For times when a trash pickup conflicts with a holiday or is delayed by a storm, call the VA Beach Public Works at 757-385-4650 for an update, or consult the website (<https://pw.virginiabeach.gov/trash-recycling/curbside-services/trash-collection>) and look for the heading "Find My Services" and enter your address to see when the trash collection is scheduled to occur.

Our next NSRM HOA 1 meeting will be held on Wednesday, March 12 at the Williams Farm Recreation Center, 5252 Learning Circle in Virginia Beach. I hope to see you there!

From Burt Poague, email: bpoague@verizon.net

NSRM HOA SOCIAL COMMITTEE

The NSRM Social Committee bedazzled us with a Christmas holiday display at the neighborhood entrance that integrated lights into the wreath and added lighted garlands. Many thanks to the committee's Elf Crew- chair Lorraine Moore, Mark Moore, Teri and Louis Grever, Mary Kay Horoszewski, Tina Henry, Andy DiRosa, and Carlos Torres!

Please note that the Social Committee is open to association members in NSRM HOA 1 and HOA 2. If interested in joining, please reach out to property manager Kimberly Cox at property@kimberlycox.biz.



NSRM NEIGHBORHOOD WATCH UPDATE

By Andy DiRosa, NSRM Neighborhood Watch Coordinator

As you may recall, last fall the NSRM Neighborhood Watch worked with the Ridgely Manor HOAs, the Belmeade Condominium Association, and District 9 city councilman Joash Schulman to have a speed study conducted for two weeks on Ridgely Manor Boulevard. Traffic Engineering did a follow-up speed study and analysis on Ridgely Manor Boulevard in October 2024. The findings indicated that it still meets the conditions for a 35 mph roadway.

Based on the data collected, Traffic Engineering placed two 25 mph signs on Knights Bridge Lane. Prior to this, there were no speed limit signs anywhere within NSRM. This is a positive development and will help ensure drivers are aware of the drop in speed limit from Ridgely Manor Blvd to the roadways in NSRM..

HOLIDAY LIGHTS AT THE NORFOLK BOTANICAL GARDEN

Using a million lights for a mile long walk with a host of multi-colored light displays against a black night background, the Norfolk Botanical Garden walk was truly magical! Below is a sample of the displays.



UPCOMING LOCAL EVENTS



Virginia Historic Garden Week, April 26 – May 3, 2025

While there are 29 Virginia tours to choose from, if you want to stay close to home and attend the shows nearby – there are tours in Virginia Beach, Norfolk, Williamsburg, and Hampton/Newport News. Each city tour is hosted by the Garden Club for that area.

Visit charming and historic Virginia homes that boast beautifully tended landscapes and exquisite interior designs. If interested, recommend you call the Garden Society POCs for the tours you are interested in to learn whether you will need to drive to each home in the tour, walk within a prescribed area to each home, or ride on pre-arranged shuttles. Each Garden Society handles travel arrangements differently, as I discovered the hard way.

A paper guidebook is available for \$20. Order it online at: <https://gcvirginia.org/historic-garden-week/tour-schedule/>
There is also an online guidebook available at: https://gcvirginia.org/wp-content/uploads/2025/02/HGWGuidebook_2025sm-1-1.pdf

To learn more, refer to: <https://gcvirginia.org/historic-garden-week/>

Coastal Virginia Magazine provides a good source for local events:

https://coastalvirginiamag.com/event-calendar/?_evDiscoveryPath=/&evPage=9

Listed below is a subset of events from the Coastal Virginia Magazine.

Yorktown Market Days – St. Patrick's Day Winter Market

When: Saturday, Mar 15 from 10:00 AM - 2:00 PM

Where: Riverwalk Landing, 331 Water Street, Yorktown, VA

Cost: .free

Details: consult the website to see performance times (e.g., fifes and drums, bagpipes, etc.) -- for more info, go to: <https://visityorktown.org/Calendar.aspx?EID=4971&month=3&year=2025&day=15&calType=0/>



From clipart-library.com

Ringling Bros. and Barnum & Bailey presents The Greatest Show On Earth

When: Friday, Mar 21 through Sunday, Mar 23 (times vary, so refer to details)

Where: Norfolk Scope Arena, 201 East Brambleton Avenue, Norfolk, VA

Cost: ticket prices vary depending on where seats are located

Details: <https://www.ticketmaster.com/artist/2962779?venueId=8276&brand=seven>



From clipart-library.com

Treasures of the Earth Gem, Mineral & Jewelry Show

When: Friday, Mar 21 through Sunday, Mar 23, 10 AM to 5 PM

Where: Virginia Beach Convention Center, 1000 19th Street, Virginia Beach, VA

Cost: \$8 for adults, 16 and under free..

Details: <https://www.vabeach.com/virginia-beach-events/community/treasures-earth-gem-mineral-jewelry-show/>



From vecteezy.com

UPCOMING LOCAL EVENTS - CONTINUED

Harry Potter and the Chamber of Secrets™ in Concert

When: Sunday, Mar 21 and Monday, Mar 22 (consult website for times)

Where: Chrysler Hall, 215 Saint Pauls Boulevard, Norfolk, VA

Cost: prices vary, depending on where seats are located

Details: concert features the Harry Potter and the Chamber of Secrets™ films in high-definition, on a giant screen, with a live orchestra performing John Williams' unforgettable scores.

<https://www.ticketmaster.com/artist/1992230?venueId=8274&brand=seven>

Spring Garden & Craft Show

When: Saturday, Apr 12 at 9 AM - 2 PM

Where: Mechanicsville High School, 7052 Mechanicsville Turnpike. Mechanicsville, VA

Cost: No admission fee listed

Details: <https://mechanicsville-high-school-band-boosters.square.site/craft-show>



From freeimages.com

Hunt Club Farm's Easter Egg Hunt & Spring Fling

When: Saturday, Apr 19 and Sunday, Apr 20 from 10 AM – 5 PM,

Where: Hunt Club Farm, 2388 London Bridge Road, Virginia Beach

Cost: children over 3 years old: \$20; children 2 and under: \$8; adults: \$16

Details: <https://huntclub.centeredgeonline.com/retail/items/08325aab-8501-4377-9679-1b0bf6293a73>



From clipart-library.com

Yorktown Market Days – Sister Cities French Market

When: Saturday, Apr 19 at 8 AM – 3 PM

Where: Riverwalk Landing. 331 Water Street, Yorktown, VA

Cost: free to browse the vendor stands and listen to the music

Details: <https://www.visityorktown.org/Calendar.aspx?EID=4975&month=4&year=2025&day=19&calType=0>



From vecteezy.com

Suffolk Earth and Arts Festival

When: Saturday, Apr 26 at 10 AM – 4 PM

Where: North Main Street, North Main Street, Historic Downtown Suffolk, VA

Cost: free

Details: <https://www.suffolkvaeearthandarts.com/#/>



From <https://www.suffolkvaeearthandarts.com>

HOME SERVICES CONTRACTORS WE HAVE USED



Electrician

Hampton Roads Electric: call 757-486-1231; email: www.hamptonroadselectric.com When getting my mother's home ready for sale, my realtor recommended Hampton Roads Electric and they were able to fix all of her electrical issues and GFCI outlets – they were very knowledgeable and did quality work.

Exterior and Interior Painting

Painter and Deck Sealing: call Skip at 757-650-5947, [Paint by Numbers](http://PaintbyNumbers.com); email: paintbynumbers@cox.net for exterior and interior painting, deck sealing, and cabinets. He takes extra care and applies European old-world expertise for kitchen cabinets and drawers.

HANDYMAN



Our go-to handyman Matt Cortelyou has taken care of many of our repairs over the years. He is especially talented with wood, adding designer shelves to cupboards, building pantries, building and installing wooden bookshelves, and fixing antique furniture.

Phone: 757-339-5691

Email: cortelyourenovations@gmail.com

HVAC

JMR Brothers Heating & Cooling: call 757-852-3320, [JMR Brothers Heating and Cooling](http://JMRBrothersHeatingandCooling.com) located at 1505 Technology Dr., Unit 102 in Chesapeake. They installed a Trane HVAC package for us and also for a family member and they work great! They excel at diagnosing problems and making repairs.

Lawn and Landscaping

Lawn Mowing: call or text 757-407-8504 for Matt Wright of The Wright Stuff. His staff do a great job and will use a manual lawnmower if you prefer. His company will also provide seeding and aerating for an additional charge, but you will need to request this.



Landscaping. After numerous interviews with landscaping contractors who quoted extremely high prices and refused to itemize or explain costs (“you have a big yard”), we were very happy to find **Tajh Taylor**. He gave us a detailed estimate for a major landscaping effort and his prices were reasonable. The work was outstanding and we will be hiring him again.

Tajh's Cell: 757-977-3555 (reach him by texting or phoning)

Four Seasons Nursery: Four Seasons Nursery offered the shrubs and tree we purchased for our landscaping effort. Their prices and quality beat all other garden centers nearby that we visited! They referred us to Tajh Taylor for landscaping (see above). This is the garden center we go to first.

Website: <https://www.fourseasonsnursery.biz/gallery> **Phone:** (757) 250-9069

TruGreen: a neighbor turned us on to TruGreen (<https://www.trugreen.com/>), and we can recommend them as well. They offer an annual lawn care plan and a plan for trees and shrubs. You can reach them at 1-844-567-9909.

FRIENDLY REMINDERS AND REGULATIONS REVIEW

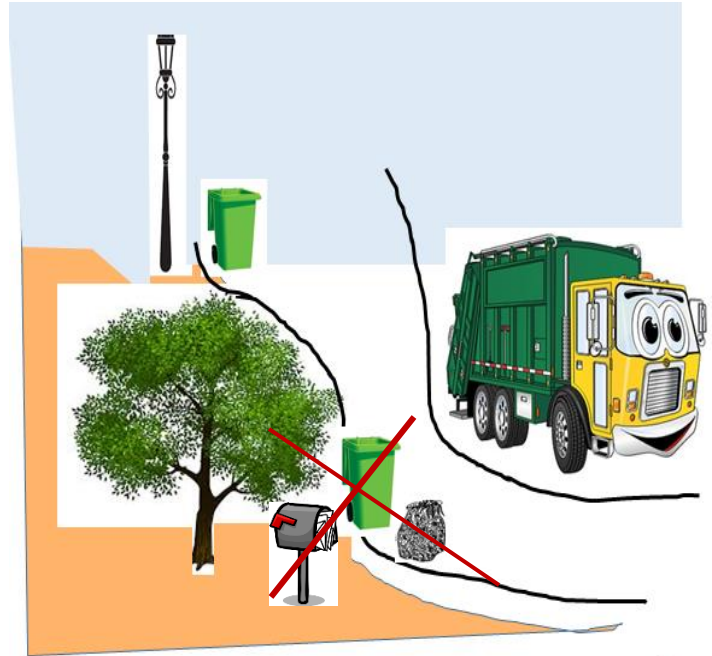
It is **ILLEGAL** to park a car facing the wrong way on the street, opposite the direction of traffic. VA Beach police can ticket or tow your car if illegally parked.



NSRM HOA 1 Meetings

- Meetings are scheduled for the 2nd Wednesday of the month
- All in-person meetings will be held at:
Williams Farm Recreation Center
5252 Learning Cir, Virginia Beach, VA 23462
- All NSRM HOA1 and HOA2 members are welcome to attend
- **2025 Schedule for open meeting sessions**
 - Wednesday, March 12
 - Wednesday, June 11
 - Wednesday, September 10
 - Wednesday, December 10 (Annual HOA Meeting)

Please do not put trash cans, yard waste, or recycle bins in front of mailboxes, trees, or light poles. It may prevent your trash pickup or mail delivery.



Trash Collection

Put yard waste and trash cans where they are not visible from the street until it is time to put them at the curb on Tuesdays in preparation for the VA Beach City trash pickup. Nothing but vehicles should be on the driveways.

Trash Collection is on Wednesday mornings unless Virginia Beach City states otherwise, such as for holidays.

Recycle bins are collected every other Wednesday. If you have forgotten when the recycle trash is to be collected, go to this link:

<https://pw.virginiabeach.gov/trash-recycling/recycling-information> and enter your address where you see "My Trash Day" on the left side of the page and click the mouse. The collection day will be displayed.

Curbside bulk/large item pick-up is scheduled by request and collected by City-employed operators in City vehicles, usually on the same day as the trash collection. Call 757-385-4640 to schedule a pickup..

Speed Limit is 25 mph. Please slow down!!!



Walkers and mothers with children are complaining that cars are speeding in our neighborhood. Please slow down.

THE COOKING CORNER



Favorite Recipes

Send your favorite recipes to Pam at pdargan@erols.com

Popovers -- eat them while they're HOT!!!



I suddenly had this strange craving for Yorkshire pudding and I discovered the next best thing – popovers! -- which have similar ingredients but can be frozen to eat another day. However, there are so many recipes with slight variations claiming their popovers rise only if you do a or b, but I needed an eggless version. What you see below is what I came up with for an eggless recipe after many attempts, and it was a hit at home!!!

I also discovered popovers rise better with special baking pans, so I use the one below. The egg-based recipe was included with the popovers, but I had to add ingredients to achieve an eggless recipe using “Just Eggs.”



Ingredients

- 3 eggs at room temperature before cracking **OR**
3/4 cup Just Egg at room temperature
 - ❑ If using Just Egg, add 2 1/2 tsp baking powder
- 1 1/2 cups whole milk, room temperature
- 1 1/2 cups all-purpose flour, sifted
- 1/2 tsp baking soda
- 3/4 teaspoon salt
- 2 – 3TB Avocado oil or other oil that can handle high temperatures (not olive oil)

“Just Egg” is a misnomer for this food item – it is actually “No Eggs”!

- It's an egg substitute vegans can use for cooking
- Consider buying it at Wegman's for freshness.
- After opening the carton, discard the contents after 7 days.



THE COOKING CORNER



Favorite Recipes

Continued – Popovers!!!

Popovers -- Continued



Directions

1. Make sure that Just Eggs/or eggs (before cracking) are at room temperature. Also make sure that the milk is at room temperature before mixing. (I heat the milk and then let it cool for about 15 minutes)
2. Sift the flour into a separate bowl. Add the salt, baking powder (if using Just Eggs), and baking soda.
3. Using a whisk, mix Just Eggs (or eggs), milk, and salt. Use a standup mixer to slowly blend the flour mixture until smooth. Let batter rest for 30 minutes while you preheat the oven. *(Resting the batter results in popovers with an airier texture (as opposed to dense). At least 15 minutes allows the starch molecules to expand and the gluten to relax.*
4. Preheat the oven to 425°F for a convection oven, and 450°F otherwise. and place the rack in the middle of the oven.
5. Place a 6-slot popover pan (see photos on previous page) on a baking sheet; and place 1 tsp of oil in each slot. Put the popover pan on the lower rack of oven for 5-10 minutes after the oven is heated. (You need to use avocado oil or an oil that can withstand a high temperature like 400°F – not virgin olive oil.)
6. Remove the pan from the oven and rapidly pour the rested batter evenly into the muffin slots, filling them up to 2/3 or 3/4 full, and then put the popover pan into the middle of the oven.
7. Bake the popovers for 15 minutes **WITHOUT OPENING THE OVEN DOOR.**
8. **WITHOUT OPENING THE OVEN DOOR**, reduce the oven temperature to 325°F for a convection oven, and 350°F otherwise. Bake the popovers for 10 to 15 minutes more. Wait until popovers have "popped" over the tops of the pan, and are a deep, golden brown.
9. Popovers lose their crispiness and become soggy if they linger in the pan, so turn them out on a wire rack immediately and make a small slit in the side of each with a paring knife to let the steam out.
10. Serve popovers with butter. Enjoy!!!