

# The Sentinel



### A Newsletter for the Owners and Residents of North Shore at Ridgely Manor

*Issue 18 – August 2021* 

## **BOARD** OF **DIRECTORS**

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**Association Managers** (757) 650-9922

3149 Shore Drive, Suite B Virginia Beach, VA 23451

## **Board of Directors' Corner**

A Message from the President

I want to begin this newsletter with a special thanks to Alan and Linda Martin for their attractive Independence Day display at our Ridgely Manor entrance. We are certainly fortunate to have homeowners with such outstanding decorating skills!



I hope that your summers were enjoyable and that you had an opportunity to get away to refresh and recharge. The summer has simply flown by, and it is almost time for our children or grandchildren to get ready to go back to school. Hard to believe that time is almost here.

I will be out of town on September 8, so our September meeting will be postponed to Wednesday, September 15. The Executive session will be held from 6:00 pm-6:30pm and open meeting from 6:30 pm-7:00 pm. Once again, This meeting will be a virtual meeting using Zoom, and Kim Cox will provide you with the details by email.

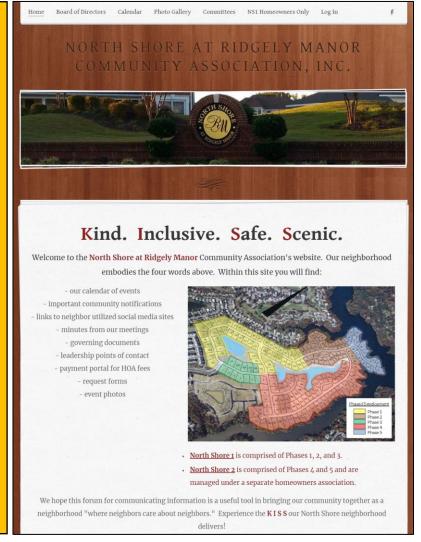
We have also decided to move this year's Annual Meeting from December to Wednesday, November 10, and we plan to approve the 2022 budget at that meeting. We are hoping to schedule the Annual Meeting at the Williams Farm Recreation Center for an in-person meeting. If things go as planned, the Executive session will be held from 6:00 pm-6:30 pm and the open general session will be held from 6:30 pm-7:30pm. Details to follow.

Finally, if there is anything you want to see covered in this newsletter that is not currently included, please let me know. Burt Poague, email: bpoague@verizon.net

Overgrown Tree Branches next to Sidewalks. For homeowners who have trees growing in the median strips beside the sidewalks in front of your yards, please note that some neighbors are complaining that the branches are overgrown and interfering with their ability to run or walk by them. However, pruning those trees is the responsibility of the Virginia Beach City Government, or so they informed us, and specifically it is the Virginia Beach City's Park & Landscape Services that is responsible for keeping the trees trimmed. So if you're a homeowner with overgrown trees in the median strips, give them a call at 757-385-4461 to ask them to trim the branches.

## Register on the Website as NS1 Homeowners

The Communications Committee maintains a website for North Shore homeowners. website address is: www.nsrmvb.com. The site is always in a state of perpetual updating. There are a few webpages that are password protected for NS1 homeowners only. Please use the "Contact Us" form under the "Home" tab to register for access to password protected pages with the Webmaster to open these membership-only webpages. The website serves as a way to help reduce HOA printing, mailing and administrative costs, plus it will provide homeowners and residents 24/7 access to North Shore neighborhood information. There is also a link to make your HOA payments online. The website will also allow the Board of Directors, Committee Chairs, and Association Managers to communicate effectively with residents by posting newsletters, meeting minutes, official documents, forms, points of contact, event calendars, post-event photos, social gatherings, links to social media, etc. Register Now and subscribe to receive your newsletter!!



You will also need to tell the **Virginia Beach City Park & Landscape Services**\_exactly where the trees are that need to be trimmed. Please note that the department may not get to the trimming right away, so homeowners whose yards are affected have the Virginia Beach City's permission to trim them yourselves, if you are interested. Burt Poague can provide you tips on how to trim them and loan you the tools, if you need them.

**Virginia Farmers Market.** For those of you looking for fresh, seasonal produce all year round, you can find it at the Farmer's Market at 3640 Dam Neck Rd, Virginia Beach, VA 23453. To find it, look for a collection of buildings with multiple stands to choose from. Check the operating hours before you go, because they can change depending on the season or holidays. For more information, go to <a href="this link">this link</a>. I dropped by there yesterday, and found <a href="huge tomatoes">huge tomatoes</a>, cucumbers, and many other fresh vegetables that I was told came from local farms. What a treat!.

**Virginia Beach Recreation Centers**. The <u>Williams Farm</u> and <u>Bayside</u> Recreation Centers are open. They have <u>health</u> and <u>safety guidelines in place</u> and you can now make online reservations for all recreation center activities

## **Home Repair Contractor Referrals**

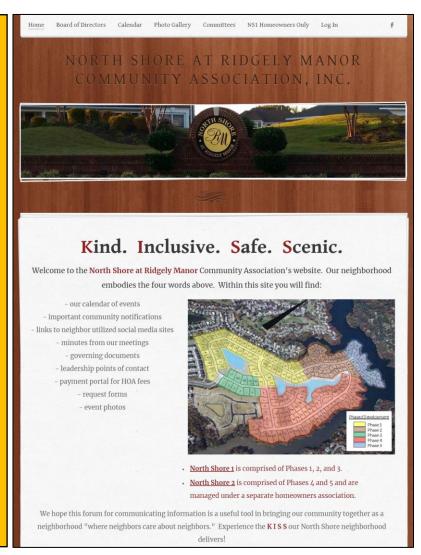
**Appliances.** We used <u>VA Appliance Repair Specialists</u> at **(804)** 461-0759 which services Subzero, GE, Frigidaire, Bosch, and some other manufacturer s, but they may not be able to provide same-day service. The company was highly recommended by the Subzero distributor in Richmond, and I could see why. Mike Davidson, our specialist, was very friendly, knowledgeable, and could answer any questions asked.



From pixabay.com

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## **Home Repair Contractor Referrals**



#### Deck Staining and Sealing.

For those of you with decks looking for a professional seal and stain, we used **Skip Sunow**'s services this year. He owns **Paint by Numbers** at 1844 Gershwin Dr Virginia Beach, phone number: **757-650-5947**.



From pixabay.com

Skip prefers to use Sherwin-Williams deck stain and sealer, and he says it provides a superior, longer-lasting stain. Just be sure to check the weather for the days you want him to stain the deck to be sure it doesn't rain. Note that Skip includes deck power washing as a standard service before he stains the deck. He stays pretty busy so you may have to wait for his services, but he is worth the wait.

**Mobile Detailing**. Our auto repair shop referred us to **James Garris** at **Jay's Mobile Detailing**, **757-406-9290**. James will detail the cars in your driveway (no need to travel!), and will even shine the headlamps for an extra charge (you will have to request this). His prices are very reasonable.

**Painting, Exterior and Interior.** We have a two-story foyer and family room, so imagine how many painters we interviewed before we finally found one who charged reasonable prices <u>and</u> was willing to paint two story rooms. It took us *months* to find him, and **Skip Sunow** from <u>Paint by Numbers</u> at 1844 Gershwin Dr Virginia Beach, VA, phone number: **757-650-5947** did not disappoint. His only request is that you make absolutely certain you LOVE the color you choose before he starts painting. To do this, he recommends you paint cardboard wall testers (they have this at Sherwin-Williams) and hang them on the wall in various locations. Still like the color? Then Skip is ready to paint!!!

#### FRIENDLY REMINDERS AND REGULATIONS REVIEW

#### **Committee Chairpersons**

<u>Architectural Control Committee</u> Karina Rubow: (757) 724-0876

Beautification Committee

**Currently Vacant** 

<u>Communications Committee</u> Pam Dargan (757) 490-2783

<u>Document Committee</u> <u>Currently Vacant</u>

<u>Crime Prevention Committee</u> Stephen Hebert (860) 587-4100 Stephen Cunningham

Social Committee

Nisha Jain: (757) 358-1117





Do not put trash cans and yard waste at the curb any earlier than 5 pm on Tuesdays



Put yard waste and trash cans where they are not visible from the street until it is time to put them at the curb on Tuesdays in preparation for the VA Beach City trash pickup.

## Nextdoor Neighborhood

#### WHAT IS IT?

A way to connect and share with your neighborhood online

Enables you to exchange information with neighbors

### **HOW TO JOIN**

Go to URL: <a href="https://nextdoor.com/">https://nextdoor.com/</a> and click on the green box to

Join your Neighborhood

Then provide the info requested

#### WHY JOIN?

- Connect with neighbors
- · Help neighbors in need
- Ask for help
- Learn how neighbors are faring

## **Home Repair Contractor Referrals – Continue**

**Plaster and Dry Wall.** Having had several dry wall repairs, I've learned that it is important to get someone with an eye for detail, because it is difficult to get the plaster swirls just right with someone who is not a perfectionist. We were referred to **Eagle Eye Drywall** at 517 W Farmington Rd, Virginia Beach, and it is operated by Shari Geho, who works with her husband. The phone number is **757-619-3537**. I have used her company for several repairs and was very happy with the results.



From pixabay.com

**Plumbing.** George the Plumber at 757-717-8375 answers the phone 24X7. He even came to our home during a weekend and week nights to take care of several emergencies. George's prices are reasonable and he guarantees the work. George is always our first choice if we run into plumbing problems.

**Powerwash**. If you notice mold on your home's exterior, the sidewalks are dirty, or to get rid of those pesky mud dawbers building their nests, we use **Dave Rubright Power Washing** at **757-618-4268**. He did a great job for us last year and his prices were reasonable. You can also email him at <a href="mailto:always3rd@cox.nethome">always3rd@cox.nethome</a>.

Wasps, Hornets, Bee Removal. Imagine our surprise to find a huge gray hive hiding in one of our seven foot bushes beside the deck, and where wasps were flying in and out. We made a quick call to **Hug-A-Bug Pest**Control & Termite at (757) 839-0001 and got a call back right away. I actually had already called another firm, but they were a no-show, so I turned to Hug-a-Bug and learned that the firm serviced other homes in our neighborhood and learned the pest controller lived nearby. He was over in a jiffy and went right to work, spraying the wasps

## **Home Repair Contractor Referrals – Continue**

and removing their hive. His prices were less expensive than the other companies I had called, and his was the only company that responded right away. If I have a problem in the future, I know who to call!

**Windshield Repair**. I was driving behind a large truck when suddenly a rock crashed into the windshield and cracked it in a number of places, creating a large spider–like

crack with legs. My first response was to call Safelite, but when I discovered how difficult it was to get a





callback, and that their solution would probably be a new windshield, I knew I needed a more immediate and better solution. So I called **Jody's Windshield Repair** and Jody told me not to clean the crack, as this would make the repair more difficult to make. I rushed over there and in about 30 minutes, Dale had repaired the crack. Jody said she had to see the crack first to determine the best repair solution. Her prices were great and her response was very fast, so I highly recommend her. If you go to a repair shop and they tell you that you need a new windshield, check their reviews to

make sure that the companies do not have complaints that the windshield was no longer airtight after the repair. The last thing you want is for the windshield to leak every time it rains.

## Things to Do

Adam Thoroughgood House Tours. There is a local colonial house tour at 1636 Parish Rd, Virginia Beach that is open from Thursday to Sunday and, you can tour on Thursday evening as well. Advanced reservations are no longer required.

**Ferry Plantation House Tours.** If you plan a visit, please make sure and check out the COVID guidelines first – masks are required. But if you have never been there before, it could be interesting to see a plantation house from the 1600's that is so near our neighborhood.

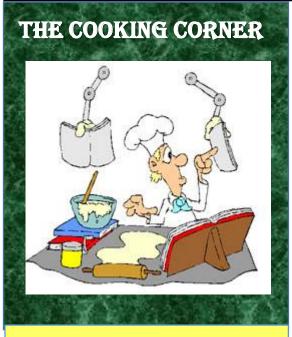
Neptune Festival 2021 – Boardwalk Event is back!!! September 24-26; 6<sup>th</sup> – 36<sup>th</sup> streets on Virginia Beach Oceanfront. Street vendors sell arts and crafts, food, drinks, and there will be a variety of unique sand sculptures designed by international sand sculptors who travel from around the world to display their creations and compete. I used to travel annually from northern Virginia just for this Festival, and it was always worth the trip!

The BIG FLEA Market. Every year, there is a Big Flea Market at the Hampton Roads Coliseum and at the Dulles Expo in northern Virginia. For 2021, the Hampton Roads Coliseum Big Flea Market has been cancelled. At this time, however, it will still be held at the Dulles Expo in northern Virginia, but the dates have changed to October 9-10 and November 6-7. This is an incredible flea market said to be the largest of its kind in Virginia.

**The English Rose Tea Room.** For those of you who would delight in an Afternoon Tea, you will find beautiful tea ware with tasty tea-time sandwiches, scones, and desserts at the **English Rose Tea Room**, **3101 Virginia Beach, Suite 111, Rose Hall Shoppes** at **(757) 498-1011**. We have treated ourselves to an afternoon tea multiple times already. If you have a special request or allergy, please let them know 24 hours ahead of time, so they can cater to your special needs. To make your reservation, call or email them at **englishrosetea@gmail.com**.

**Vriginia Aquarium**. Purchase your ticket online first and then visit the aquarium to see the water creatures.

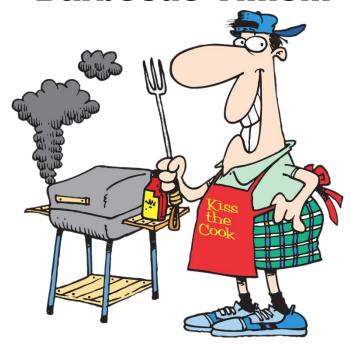
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## **Favorite Recipes**

Share your favorite recipes in the **Sentinel!** Send your favorite recipes to Pam at pdargan@erols.com

## **Barbecue Time!!!**



Free clip art from: http://clipartmag.com/images/barbecue-grill-clipart-39.png

#### **Southern Barbecue Sauce**

My apologies!!! Somehow, I neglected to add the brown sugar to the recipe below. So here it is reprinted again, but this time with the missing ingredient. If any of you tried the recipe, I hope that you added something to sweeten it—the sauce is rather tart without the brown sugar.

#### ' Ingredients

- 1 TB garlic paste
- 2 TB butter
- 1 small onion
- 1 cup ketchup
- 1 cup water
- 3/4 cup chili sauce
- · 2 TB prepared mustard
- 2 TB Worcestershire Sauce
- 1/2 tsp salt
- · 2 dashes of tobasco sauce < optional>
- 1 TB finely ground chocolate coffee
- 1/4 cup brown sugar

#### **Directions**

- 1. Peel and then dice an onion. Saute the onion in 2 TB of butter in a medium sized pan on low heat.
- 2. Add the rest of the ingredients to the pan and stir, cooking on medium heat to bring the mixture to a boil. Remove the sauce from the stove.



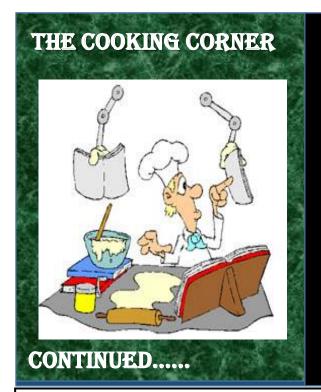
#### **Grilled Corn**

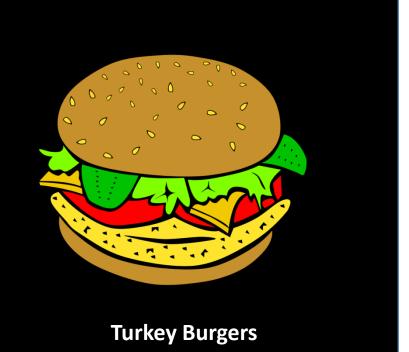
#### **Ingredients**

- · 6 ears of corn, husks removed
- Oil
- Salt

#### **Directions**

- 1. Peel the husks off the corns on the cob and wash the cobs off
- 2. Boil them in salted water for 25 minutes or until tender (fork goes easily into side of corn when done)
- 3. Drain and spray all sides of corn with oil
- 4. Lightly salt the corn on the cob
- 5. Put aluminum foil on the grill and place the cobs on the aluminum foil
- 6. After 10-15 minutes, turn the corns on the cob over or when the bottom sides are lightly grilled (slightly brown). Keep turning the cobs over until the entire cobs are grilled.
- 7. Remove from the grill and lightly butter if desired. Then serve.





#### **Turkey Burger Recipe**

With the push to eat less beef, I searched for a turkey burger recipe with a lot of flavor. I tried buying ground turkey from different supermarkets nearby, but the most tasty fresh turkey I found was from Wec



**Hamburger Patty Press** 

#### Ingredients

- Wegman's 48 oz Family Pack
- 1 TB Garlic Paste
- 1 TB Onion Powder
- 1 small onion, diced
- 2 TB Ketchup
- 1 TB Dijon Mustard
- 2 TB Better Than Bouillon Organic Roasted Chicken Base
- 1 tsp salt
- 1/2 tsp ground pepper
- 2 to 2 ½ cups Fresh Market Italian Bread Crumbs
- Monreal Chicken Seasoning to sprinkle ontop
- · Misto Sprayer with oil

#### **Directions**

- 1. Peel and then dice an onion.
- 2. Mix together diced onion, turkey, and the rest of the ingredients. Mix in additional bread crumbs as needed until the mixture forms a ball that retains its shape and is only slightly sticky.
- 3. Form the mixtures into balls about 3" in diameter.
- 4. Using the hamburger patty press, press the balls into a round patty about 1" thick.
- 5. Place patties on aluminum foil in a barbecue grill once the charcoal is ready. Spray the patties with oil and sprinkle generously with Montreal Chicken Seasoning. Add barbecue sauce if desired.
- 6. Grill for 10 to 15 minutes on each side, until the turkey burger patties are done. The turkey burger is done when the juice runs clear and the turkey burger is no longer pink inside. If using a thermometer, cook until the internal temperature reaches 180 degrees.
- 7. Add a slice of tomato, and season with mayonnaise, ketchup, pickles, lettuce and a slice of cheese, or whatever you prefer, on the burger buns. Enjoy!